

Paxcroft Primary School Allergen Information - September 2026

Meat dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Beef Burger, Curry Fries, Peas	✓	✓		T	T		T									✓	✓
Cottage Pie with Peas and Carrots																✓	
All Day Brunch with Beans and Tomato	✓	✓													✓		
Chicken, Tomato Pasta & Sweetcorn	✓	✓											✓				
Chicken Curry, Rice & Peas	✓	✓										T	✓				
Packed Lunches - Ham Roll	✓	✓	T	T	✓		T			T					✓		T
Hot dog, Curry Fries, Peas	✓	✓		T	T		✓			T					✓	✓	✓
Lasagne, Garlic Bread & Sweetcorn	✓	✓		T	✓		T									✓	
Chicken and Sweeney Lasagne, Garlic Bread and Peas	✓	✓		T	✓		T										
Pasta Bolognaise with Garlic bread & peas	✓	✓		T	✓		T									✓	
Pasta Carbonara with Garlic Bread & Peas	✓	✓		T	✓		T								✓		
Pork Sausages, Mashed Potatoes, Gravy and Green Beans	✓	✓			✓		✓								✓	✓	✓
Roast Chicken, New/Roast Potatoes, Seasonal Veg & Gravy																	
Roast Ham, New/Roast potatoes, Seasonal Veg & Gravy															✓		✓
Roast Pork, New/Roast Potatoes, Seasonal Veg & Gravy															✓		
Roast Gammon, New/Roast Potatoes, Seasonal Veg & Gravy															✓		
Chicken Souvlaki served with Warm Pitta Bread, Tzatziki & Salad	✓	✓			✓		✓										
Meatballs in a Tomato Sauce with Pasta & Veg	✓	✓			✓										✓		
Christmas Dinner - Roast Turkey, Sausage, Roast potatoes, Stuffing balls, Sprouts, Carrots & Gravy	✓	✓	✓	T	T		T					T	T		✓	✓	
BBQ Chicken with mixed Rice & Cauliflower and Broccoli	✓																
Chicken & Vegetable stir fry served with Rice	✓	✓					✓										
Sausage Casserole, Mashed Potatoes & Peas	✓	✓			✓		✓								✓	✓	✓
Ham & Cheese Pizza Slice & Sweetcorn	✓	✓		T	✓					T					✓		
Spaghetti & Meatball with Garlic Flat Bread	✓	✓			✓		T								✓		
Buttermilk Chicken, Diced Potato & Vegetable Sticks	✓	✓		✓	✓												
Egg & Bacon Lattice Pie, New Potatoes & Vegetables	✓	✓		✓	✓												
Sweet & Sour Chicken with Rice & Vegetable Medley	✓	✓		✓			✓			✓							
Turkey Schnitzel, Diced potatoes with Carrots & Broccoli	✓	✓		✓	✓												
Pepperoni Twist, Homemade Wedges with Baked Beans	✓	✓		✓	✓										✓		T
Pulled Pork Roll with Apple Sauce & Coleslaw	✓	✓		T						T					✓		
Quiche Lorraine, New Potatoes and Mixed Vegetables	✓	✓		✓	✓										✓		
Mince Beef Cobbler & Seasonal Veg	✓	✓			✓											✓	
Roast Beef, Yorkshire Pudding, Roast Potatoes & Veg	✓	✓		✓	✓											✓	
Cowboy Stew with Crusty Bread	✓	✓													✓		
BBQ Pulled Pork, Noodles with Seasonal Veg		✓		✓											✓		
Southern Fried Chicken with American Fries & Coleslaw	✓	✓		✓													
St Patrick's Day Stew & Soda Bread	✓	✓														✓	
Pepperoni Pizza with Potato Wedges & Seasonal Veg	✓	✓													✓		
Bulgarian Moussaka with Yoghurt					✓										✓	✓	
Fish dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Fishcake, Oven Chips, Peas	✓	✓									✓						
Battered Fish with Oven Chips and Peas	✓										✓						
Fish Fingers, Oven Chips, Peas	✓	✓									✓						
Salmon and Broccoli Parcels with wedges and Peas	✓	✓			✓						✓						
Salmon & Pea Pasta Bake	✓	✓					T				✓						
Stir Fry Noodles with Salmon and Broccoli	✓	✓					✓			✓	✓						
Salmon Fishcake, Chips with Peas or Beans	✓	✓									✓						
Tuna and Sweetcorn Pasta Salad	✓	✓		✓			T				✓						
Vegetarian dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Loaded Nachos with Sour Cream	✓	✓			✓												
Harvest Festival Vegetable Soup & Crusty Roll		✓															

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Veggie Hotdog with American Fries & Coleslaw	✓	✓															
Welsh Rarebit with Salad	✓	✓			✓	✓											
Packed Lunches - Cheese Roll	✓	✓	T	T	✓		T				T						T
Cheese and Tomato Pinwheels with oven Chips and Peas	✓	✓			✓												
Chickpea and Spinach Curry with Mixed Rice & Sweetcorn																	
Vegetable Hotpot with Peas																	
Tomato and Basil pasta with Garlic Slice	✓	✓															
Cheese and Potato Pie with Seasonal Veg	✓	✓			✓												
Tomato and Herb Quorn Fillet with Mash & Green Beans																	
Vegetarian Sausage Casserole with sweetcorn																	
Cheese & Broccoli Quiche with Mash Peas and Carrots	✓	✓		✓	✓												
Sweet Potato and Pea Fritter with Oven Chips and Peas	✓	✓			✓												
Savoury Pancakes with Wedges and Peas	✓	✓		✓	✓												
Vegetarian Brunch With Beans and Tomato	✓																
Cheese & Tomato Baguette Pizza served with Wedges & Peas	✓	✓		T	✓					T							
Cheese & Tomato Puff, Savoury Rice & Peas	✓	✓		✓	✓							✓					
Stuffed Jacket potato with cheese & beans					✓												
Macaroni Cheese & Peas	✓	✓			✓		T										
Vegan Meatballs in tomato sauce served with Spaghetti and veg	✓	✓					✓										
Quorn Hotdog, Potato Wedges, Peas	✓	✓					✓					T	T				
Quorn Fillet, New/Roast Potatoes, Seasonal Veg, Gravy				✓													
Quorn Sausages, New/Roast Potatoes and Peas	✓	✓															
Quorn Chilli served with Rice & Peas			✓ Gluten free barley	✓													
Spicy Tomato Pasta, Garlic Bread, Peas	✓	✓		T	✓		T										
Vegetable Bolognese with Pasta	✓	✓															
Vegan Vegetable Burger, Potatoes, Peas	✓	✓		T	T		T										T
Vegetable Lasagne, Garlic Bread & Peas	✓	✓		T	✓		T										
Vegetable Soup Baguette & Cheese	✓	✓		T	✓					T		✓					
Vegetarian Sausage Rolls with Wedges and Peas	✓	✓			✓												
Vegetable Curry & Naan Bread	✓	✓								T		✓					
Vegetable Nuggets, New Potato , Cauliflower and Broccoli	✓	✓															
Christmas Dinner - Vegetarian Chicken, Vegetarian Sausage, Roast Potatoes, Stuffing Balls, Sprouts, Carrots & Gravy	✓	✓	✓	✓	✓		T				T	T					
Tomato Soup, Baguette & Cheese	✓	✓		T	✓					T		✓					
Fasolada served with Warm Pitta Bread & Feta Cheese	✓	✓			✓		✓										
Focaccia with Salad & Yogurt Dip	✓	✓		✓	✓												
Cheese Salad Wraps with Coleslaw	✓	✓		✓	✓												
Margherita Pizza with Sweetcorn & Peas	✓	✓		T	✓		⊗										
Cheese & Bean Parcel , Chips & Peas or Beans	✓	✓		✓	✓												
Crunchy Topped Pasta Bake with Sweetcorn or Peas	✓	✓			✓												
Cheese Omelette, Twisted Potatoes & Beans				✓	✓												
Quorn Mince Bolognese with Pasta & Garlic Bread	✓	✓															
Cheese Baguette with Salad	✓	✓		T	✓					T							
Vegetable & Rice Burrito, Chips & Peas or Beans	✓	✓		✓	✓												
Chinese Noodles	✓	✓					✓			✓							
Loaded Tomato & Cheese Potato Wedges with Sour Cream Dip																	
Ratatouille Crumble & Seasonal Veg	✓	✓															
Potato Cake Boxty with Scrambled Egg & Beans	✓	✓		✓	✓												
Vegetable Toad in the Hole, Roast Potatoes & Veg	✓	✓		✓	✓												
Stuffed Peppers served with Salad	✓	✓															

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Jam Tart	✓	✓		✓	✓												✓
Carrot Cake	✓	✓		✓	✓												
Apple Strudel	✓	✓		✓	✓												
Trifle	✓	✓		✓													
Lemon Drizzle Cake	✓	✓		✓	✓												
Blueberry Cookie	✓	✓		✓	✓												
Vanilla Cupcake	✓	✓		✓			T										

✓ = Contains T = May contain traces